Epidemic – Pandemic Impacts Inventory Geriatric Adaptation (EPII-G)

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PURPOSE: The EPII Geriatric Adaptation (EPII-G) is an adaptation of the main EPII designed to assess tangible impacts of epidemics and pandemics across personal and social life domains in geriatric populations.

DEVELOPMENT: Candidate items were constructed by a team of clinical and developmental psychologists with expertise in assessment of stress, trauma, resilience, and coping. Feedback from professionals across multiple disciplines (e.g., social work, pediatrics, medicine, anthropology) was incorporated in selecting and refining final items for of the measure, which was accomplished via expert consensus. This adaptation was slightly adapted for geriatric populations in the following ways: (1) Includes two additional items: (Item #93s "Increase in mental health problems or symptoms (e.g., mood, anxiety, stress) for family member not in the home" and Item #94s "Unable to get home-based paid help for care for disability, chronic illness, or dementia."); (2) Item #14r is revised to pertain to the respondent's inability to provide childcare or babysitting, as opposed to childcare being unavailable more generally; (3) 'Dementia' is added as an example in item #55, and 'volunteering' to items #2, #91 and #92.

PSYCHOMETRICS: Because the EPII-G is newly developed, there are no psychometric properties yet available. Use of the EPII in research studies will help to establish psychometric properties and will likely result in refinement of the tool.

SCORING. Optimal scoring procedures are not yet determined and will be informed by future research.

PERMISSIONS. Researchers are welcome and encouraged to use the EPII in their research studies. Researchers may disseminate the survey using a paper format or may convert items to an online survey format so long as the integrity of the instructions and items is maintained. Users shall not modify items without permission from the developers. Please inform us of your intention to use the instrument by sending an Email to Dr. Damion Grasso at dgrasso@uchc.edu with the following information: (1) Principal Investigator(s), (2) Purpose of research study, (3) Population(s) studied, and (4) Study location(s).

Suggested Citation for Main EPII Module

Grasso, D.J., Briggs-Gowan, M.J., Ford, J.D., & Carter, A.S. (2020). *The Epidemic – Pandemic Impacts Inventory (EPII)*. University of Connecticut School of Medicine.

Suggested Citation for EPII Geriatric Adaptation

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EPIDEMIC – PANDEMIC IMPACTS INVENTORY (EPII) *Modified for Geriatric Populations*

INSTRUCTIONS

We would like to learn how the <u>coronavirus disease pandemic</u> has changed people's lives. For each statement below, please indicate whether the pandemic has impacted <u>you</u> or <u>a person in your home</u> in the way described.

Check YES (Me) if you were impacted.

Check **YES** (**Person in Home**) if another person (or people) in your home were impacted.

Check **NO** if you and the people in your home were not impacted.

Check **N/A** if the statement does not apply to you or someone in the home.

***If both YES (Me) and YES (Person in Home) are true, check both ***

Since the coronavirus disease pandemic began, what has changed for you or your family?

| WORK AND EMPLOYMENT | | | | |
|------------------------|---|----------------------------------|----|-----|
| 1. | Laid off from job or had to close own business. | YES (Me) YES (Person in Home) | NO | N/A |
| 2. | Reduced work hours or furloughed. | YES (Me) YES (Person in Home) | NO | N/A |
| 3. | Had to lay-off or furlough employees or people supervised. | YES (Me) YES (Person in Home) | NO | N/A |
| 4. | Had to continue to work even though in close contact with people who might be infected (e.g., customers, patients, co-workers). | YES (Me) YES (Person in Home) | NO | N/A |
| 5. | Spend a lot of time disinfecting at home due to close contact with people who might be infected at work. | YES (Me) YES (Person in Home) | NO | N/A |
| 6. | Increase in workload or work responsibilities. | YES (Me) YES (Person in Home) | NO | N/A |
| 7. | Hard time doing job well because of needing to take care of people in the home. | YES (Me) YES (Person in Home) | NO | N/A |
| 8. | Hard time making the transition to working from home. | YES (Me) YES (Person in Home) | NO | N/A |
| 9. | Provided direct care to people with the disease (e.g., doctor, nurse, patient care assistant, radiologist). | YES (Me) YES (Person in Home) | NO | N/A |
| 10. | Provided supportive care to people with the disease (e.g., medical support staff, custodial, administration). | YES (Me) YES (Person in Home) | NO | N/A |
| 11. | Provided care to people who died as a result of the disease. | YES (Me) YES (Person in Home) | NO | N/A |
| EDUCATION AND TRAINING | | | | |
| 12. | Had a child in home who could not go to school. | YES (Me) YES (Person in Home) | NO | N/A |

| 13. | Adult unable to go to school or training for weeks or had to withdraw. | YES (Me) YES (Person in Home) | NO | N/A |
|------|--|----------------------------------|----|-----|
| | HOME LIFE | | | |
| 14r. | Inability to provide childcare or babysitting to children who live outside the home when needed. | YES (Me) YES (Person in Home) | NO | N/A |
| 15. | Difficulty taking care of children who live in the home. | YES (Me) YES (Person in Home) | NO | N/A |
| 16. | More conflict with child or harsher in disciplining child or children. | YES (Me) YES (Person in Home) | NO | N/A |
| 17. | Had to take over teaching or instructing a child. | YES (Me) YES (Person in Home) | NO | N/A |
| 18. | Family or friends had to move into your home. | YES (Me) YES (Person in Home) | NO | N/A |
| 19. | Had to spend a lot more time taking care of a family member. | YES (Me) YES (Person in Home) | NO | N/A |
| 20. | Had to move or relocate. | YES (Me) YES (Person in Home) | NO | N/A |
| 21. | Became homeless. | YES (Me) YES (Person in Home) | NO | N/A |
| 22. | Increase in verbal arguments or conflict with a partner or spouse. | YES (Me) YES (Person in Home) | NO | N/A |
| 23. | Increase in physical conflict with a partner or spouse. | YES (Me) YES (Person in Home) | NO | N/A |
| 24. | Increase in verbal arguments or conflict with other adult(s) in home. | YES (Me) YES (Person in Home) | NO | N/A |
| 25. | Increase in physical conflict with other adult(s) in home. | YES (Me) YES (Person in Home) | NO | N/A |
| 26. | Increase in physical conflict among children in home. | YES (Me) YES (Person in Home) | NO | N/A |
| | SOCIAL ACTIVIT | TIES . | | |
| 27. | Separated from family or close friends. | YES (Me) YES (Person in Home) | NO | N/A |
| 28. | Did not have the ability or resources to talk to family or friends while separated. | YES (Me) YES (Person in Home) | NO | N/A |
| 29. | Unable to visit loved one in a care facility (e.g., nursing home, group home). | YES (Me) YES (Person in Home) | NO | N/A |
| 30. | Family celebrations cancelled or restricted. | YES (Me) YES (Person in Home) | NO | N/A |
| 31. | Planned travel or vacations cancelled. | YES (Me) YES (Person in Home) | NO | N/A |
| 32. | Religious or spiritual activities cancelled or restricted. | YES (Me) YES (Person in Home) | NO | N/A |
| 33. | Unable to be with a close family member in critical condition. | YES (Me) YES (Person in Home) | NO | N/A |
| 34. | Unable to attend in-person funeral or religious services for a family member or friend who died. | YES (Me) YES (Person in Home) | NO | N/A |

| 35. | Unable to participate in social clubs, sports teams, or usual volunteer activities. | YES (Me) YES (Person in Home) | NO | N/A |
|-----|---|----------------------------------|----|-----|
| 36. | Unable to do enjoyable activities or hobbies. | YES (Me) YES (Person in Home) | NO | N/A |
| | ECONOMIC | | | |
| 37. | Unable to get enough food or healthy food. | YES (Me) YES (Person in Home) | NO | N/A |
| 38. | Unable to access clean water. | YES (Me) YES (Person in Home) | NO | N/A |
| 39. | Unable to pay important bills like rent or utilities. | YES (Me) YES (Person in Home) | NO | N/A |
| 40. | Difficulty getting places due to less access to public transportation or concerns about safety. | YES (Me) YES (Person in Home) | NO | N/A |
| 41. | Unable to get needed medications (e.g., prescriptions or over-the-counter). | YES (Me) YES (Person in Home) | NO | N/A |
| | EMOTIONAL HEALTH AND | WELL-BEING | | |
| 42. | Increase in child behavioral or emotional problems. | YES | NO | N/A |
| 43. | Increase in child's sleep difficulties or nightmares. | YES | NO | N/A |
| 44. | Increase in mental health problems or symptoms (e.g., mood, anxiety, stress). | YES (Me) YES (Person in Home) | NO | N/A |
| 45. | Increase in sleep problems or poor sleep quality. | YES (Me) YES (Person in Home) | NO | N/A |
| 46. | Increase in use of alcohol or substances. | YES (Me) YES (Person in Home) | NO | N/A |
| 47. | Unable to access mental health treatment or therapy. | YES (Me) YES (Person in Home) | NO | N/A |
| 48. | Not satisfied with changes in mental health treatment or therapy. | YES (Me) YES (Person in Home) | NO | N/A |
| 49. | Spent more time on screens and devices (e.g., looking at phone, playing video games, watching TV). | YES (Me) YES (Person in Home) | NO | N/A |
| 93s | Increase in mental health problems or symptoms (e.g., mood, anxiety, stress) for family member not in the home. | YES (Me) YES (Person in Home) | NO | N/A |
| | PHYSICAL HEALTH PI | ROBLEMS | | |
| 50. | Increase in health problems not related to this disease. | YES (Me) YES (Person in Home) | NO | N/A |
| 51. | Less physical activity or exercise. | YES (Me) YES (Person in Home) | NO | N/A |
| 52. | Overeating or eating more unhealthy foods (e.g., junk food). | YES (Me) YES (Person in Home) | NO | N/A |
| 53. | More time sitting down or being sedentary. | YES (Me) YES (Person in Home) | NO | N/A |
| 54. | Important medical procedure cancelled (e.g., surgery). | YES (Me) YES (Person in Home) | NO | N/A |

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| | Unable to access medical care for a serious condition | YES (Me) | | |
|-----|---|----------------------------------|----|-----|
| 55. | (e.g., dialysis, chemotherapy, dementia). | YES (Person in Home) | NO | N/A |
| 56. | Got less medical care than usual (e.g., routine or preventive care appointments). | YES (Me) YES (Person in Home) | NO | N/A |
| 94s | Unable to get home-based paid help for care for disability, chronic illness, or dementia. | YES (Me) YES (Person in Home) | NO | N/A |
| 57. | Elderly or disabled family member not in the home unable to get the help they need. | YES (Me) YES (Person in Home) | NO | N/A |
| | PHYSICAL DISTANCING AN | D QUARANTINE | | |
| 58. | Isolated or quarantined due to possible exposure to this disease. | YES (Me) YES (Person in Home) | NO | N/A |
| 59. | Isolated or quarantined due to symptoms of this disease. | YES (Me) YES (Person in Home) | NO | N/A |
| 60. | Isolated due to existing health conditions that increase risk of infection or disease. | YES (Me) YES (Person in Home) | NO | N/A |
| 61. | Limited physical closeness with child or loved one due to concerns of infection. | YES (Me) YES (Person in Home) | NO | N/A |
| 62. | Moved out or lived away from family due to a high-risk job (e.g., health care worker, first responder). | YES (Me) YES (Person in Home) | NO | N/A |
| 63. | Close family member not in the home was quarantined. | YES (Me) YES (Person in Home) | NO | N/A |
| 64. | Family member was unable to return home due to quarantine or travel restrictions. | YES (Me) YES (Person in Home) | NO | N/A |
| 65. | Entire household was quarantined for a week or longer. | YES | NO | N/A |
| | INFECTION HIST | ORY | | |
| 66. | Currently have symptoms of this disease but have not been tested. | YES (Me) YES (Person in Home) | NO | N/A |
| 67. | Tested and currently have this disease. | YES (Me) YES (Person in Home) | NO | N/A |
| 68. | Had symptoms of this disease but never tested. | YES (Me) YES (Person in Home) | NO | N/A |
| 69. | Tested positive for this disease but no longer have it. | YES (Me) YES (Person in Home) | NO | N/A |
| 70. | Got medical treatment due to severe symptoms of this disease. | YES (Me) YES (Person in Home) | NO | N/A |
| 71. | Hospital stay due to this disease. | YES (Me) YES (Person in Home) | NO | N/A |
| 72. | Someone died of this disease while in our home. | YES | NO | N/A |
| 73. | Death of close friend or family member from this disease. | YES (Me) YES (Person in Home) | NO | N/A |

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| | POSITIVE CHAN | NGE | | |
|-----|---|----------------------------------|----|-----|
| 74. | More quality time with family or friends in person or from a distance (e.g., on the phone, Email, social media, video conferencing, online gaming). | YES (Me) YES (Person in Home) | NO | N/A |
| 75. | More quality time with partner or spouse. | YES (Me) YES (Person in Home) | NO | N/A |
| 76. | More quality time with children. | YES (Me) YES (Person in Home) | NO | N/A |
| 77. | Improved relationships with family or friends. | YES (Me) YES (Person in Home) | NO | N/A |
| 78. | New connections made with supportive people. | YES (Me) YES (Person in Home) | NO | N/A |
| 79. | Increase in exercise or physical activity. | YES (Me) YES (Person in Home) | NO | N/A |
| 80. | More time in nature or being outdoors. | YES (Me) YES (Person in Home) | NO | N/A |
| 81. | More time doing enjoyable activities (e.g., reading books, puzzles). | YES (Me) YES (Person in Home) | NO | N/A |
| 82. | Developed new hobbies or activities. | YES (Me) YES (Person in Home) | NO | N/A |
| 83. | More appreciative of things usually taken for granted. | YES (Me) YES (Person in Home) | NO | N/A |
| 84. | Paid more attention to personal health. | YES (Me) YES (Person in Home) | NO | N/A |
| 85. | Paid more attention to preventing physical injuries. | YES (Me) YES (Person in Home) | NO | N/A |
| 86. | Ate healthier foods. | YES (Me) YES (Person in Home) | NO | N/A |
| 87. | Less use of alcohol or substances. | YES (Me) YES (Person in Home) | NO | N/A |
| 88. | Spent less time on screens or devices outside of work hours (e.g., looking at phone, playing video games, watching TV). | YES (Me) YES (Person in Home) | NO | N/A |
| 89. | Volunteered time to help people in need. | YES (Me) YES (Person in Home) | NO | N/A |
| 90. | Donated time or goods to a cause related to this disease (e.g., made masks, donated blood, volunteered). | YES (Me) YES (Person in Home) | NO | N/A |
| 91. | Found greater meaning in work, volunteering, employment, or school. | YES (Me) YES (Person in Home) | NO | N/A |
| 92. | More efficient or productive in work, volunteering, employment, or school. | YES (Me) YES (Person in Home) | NO | N/A |

Thank You for Completing this Important Survey